



IFC Controlled Substances Policy

Amphetamines for Attention Deficit Disorder (ADD)

The use of certain controlled substances to treat ADD is one of several possible treatment options. Amphetamine medications carry significant risk, can be addictive, and have an abuse potential. In an effort to ensure that our patients receive the best possible care and are not exposed to unnecessary risk, IFC has created the following policy for prescribing amphetamine medications for the treatment of ADD. New patients will be informed of our policy at the first visit.

In order for IFC to prescribe amphetamine medications long term, the patient must have a professional psychiatric or psychological evaluation at least once every five (5) years. If such an evaluation has not been done within the past five years or if we do not have access to the report, we will assist the patient in scheduling an appointment with a psychiatric or psychological professional. If the patient has been on the medication, as verified by the Alabama Prescription Drug Monitoring Program (ALPDMP) website, IFC will continue the medication at the current dose until seen by a psychiatric or psychological professional, at which point we will follow the recommendation of the psychiatric or psychological professional.

If there is any other concomitant psychiatric disease or illness present, such as depression or anxiety, the patient must have at least an annual evaluation by their psychiatric professional. Most of these medications cannot be prescribed for longer than one month and refills are not permitted. Under absolutely no circumstances will prescriptions be written or renewed more often than monthly. IFC will periodically verify with the ALPDMP website that the patient is not receiving controlled substances from other professionals. If a patient is found to be receiving controlled substances from other professionals and has not disclosed this to IFC, they will be dismissed from our practice.

Opioid Medications for Pain

Opioid medications carry significant risk, can be addictive, and have an abuse potential. Opioids are appropriate medications to use for acute pain. For significant pain lasting longer than two (2) weeks, specialty referral and/or other methods will be considered.

Benzodiazepines

Benzodiazepine medications carry significant risk, can be addictive, and have an abuse potential. IFC will not prescribe these medications for chronic long-term use. They are addictive, have significant side effects, and have a potential for abuse. For patients who have been on these medications long term, we will help you wean off. We will establish a time table and a decreasing dose schedule that may take several months.

Live Life Well

Integrity Family Care, Inc.

1041 Balch Road, Suite 300, Madison, AL 35758 | www.integrityfamilycare.com | 256.325.1540 | F 256.774.9040